

KENDRIYA VIDYALAYA RANGAPAHAR CANTT.

GAMES & MARCH PAST CALENDER FOR THE YEAR 2018-19

S.N	TYPES OF AVTIVITY	CATEGORY	MONTH	PLACE	OBGECTIVES	CHARECTERSTICS
1. 2.	Talent Identification for various Sports and Game Spot Marching &Drill	Boys & Girls	APRIL AND MAY	1.K.V RANGAPAHAR 2.In Assembly	TO SELECT AUTHENTIC PLAYERS FOR REGIONAL SPORT MEET 2018-19 2.To improve Marching & Drill ability	<u>BASIC TRAINING</u> 1.Uniform Training 2.Predominant uses of general exercise 3.Less load 4. Less competition
1. 2. 3. 4.	Coaching cum Selection for School Team Regional Meet at different places for various Game Spot Marching &Drill March Past training	Under-14 Under-17 Under-19 Boys & Girls Class Wise	APRIL AND MAY	-K.V RANGAPAHAR -In Assembly -In Games & Arrangement Period	1.TO SELECT AUTHENTIC PLAYERS FOR REGIONAL SPORT MEET 2018-19 To improve Marching & Drill ability	5. Training for all Sports. 6.Part wise Training of Marching &Drill

SUMMER VACATION FROM 13th MAY TO 21st JUNE

1. 3. 4. 5.	Practice of skill of Each Games for NSM 2018 Extra Coaching Camp For Various Games Spot Marching &Drill March Past training Swastha bachhe swasth bharat Physical fitness test phase-1	Boys & Girls Under-14 Under-17 & 19 Boys & Girls Class Wise Boys & Girls Class Wise	July	-K.V RANGAPAHAR -In Assembly -In Games & Arrangement Period	1.To motivate the students 2.To identify the Talent To improve Marching & Drill ability	<u>Basic and Advance Training</u> 1.More individualized base training 2.High Load 3.Part wise Training of Marching &Drill
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1. 2. 3.	Inter House Tournament Extra Coaching for under performer DEMONSTRATION OF MARCH PAST	Boys and Girls Under-14 Under-17 & 19 BOYS &GIRLS	August	K.V RANGAPAHAR -IN ARRANGEMENT PERIOD -IN SPORTS GROUND	1.To motivate the students 2.To identify the Talent 3.To Enhance the marching skill &Value	<u>Basic and Advance Training</u> 1.More competition 2.High Load
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SEPTEMBER SUMMATIVE ASSESMENT -1

1.	Inter House Tournament	Boys and Girls	September & October	K.V RANGAPAHAR	1.To identify the Talent 2.All Round Development Of the Students	<u>Advance Training</u> 1.Competetion oriented Training 2.Limited use of Periodisation
2.	Extra Coaching Camp for Participants of NSM2018.	Under-14 Under-17 & 19				

TENTATIVE ANNUAL SPORTS DAY IN THE MONTH OF NOVEMBER

1.	PREPARATION FOR ANNUAL SPORTS DAY	Boys and Girls Under-14 Under-17 & 19 BOYS &GIRLS	November -In Assembly -In Games & Arrangement Period	K.V RANGAPAHAR	1.To identify the Talent 2.All Round Development Of the Students	<u>Advance Training</u> 1.Competetion oriented Training 2.Limited use of Periodisation
2.	Spot Marching &Drill					
3.	March Past training					

1.	Skill Development of Athletics	Boys and Girls Under-14 Under-17 & 19 BOYS &GIRLS	December And Winter Break	K.V RANGAPAHAR	1.To identify the Talent 2.All Round Development Of the Students	<u>Advance Training</u> 1.Competetion oriented Training 2.Limited use of Periodisation
2.	Extra Coaching For Different Game					
3.	Spot Marching &Drill					
4.	March Past Practice					

1.	Skill Development of all Games and Sports	Boys and Girls Under-14 Under-17 & 19	January and February	K.V RANGAPAHAR	1.To identify the Talent 2.All Round Development Of the Students -Promoting marching value	<u>Advance Training</u> 1.Competetion oriented Training 2.Limited use of Periodization
2.	Extra Coaching For Different Game					
3.	Mass Physical Exercise(PT)	Boys and Girls		K.V RANGAPAHAR		
4.	Inter House Tournament of March Past	All House Boys and Girls		K.V RANGAPAHAR		
5.	Swastha bachhe swasth bharat phase -2	Boys and girls		K.V RANGAPAHAR		

	Physical fitness test phase-1						
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SUMMATIVE ASSESMENT-II AND BOARD EXAMINATION IN THE MONTH OF MARCH

Note: 1.Short time Practice &presentation of Spot Marching &Drill in Every morning Assembly.

2. Physical Exercise (PT) and YOGA in morning Assembly (every Tuesday &Friday)

3. Practice and Presentation of PT and March Past in Games and Sport period (minimum one day for each class)

Mr. UDAY NATH SINGH (I/C)

PRINCIPAL

Mr. Y. RAMAPRASAD

TGT (P &HE)